



## The Eastern Counties Young Leaders Camp

The Eastern Counties Young Leaders Camp (ECYLC) is a two-day camp that hosts thirty of the best 16-19 year old young leaders within Eastern Counties.

Young volunteer's people from across the country will gather at the MODs basic training army camp known as Basingbourn Barracks for two action-packed days from 26th-27th October 2010.

The camp focuses on the development of leadership skills through sport, offering a good blend of practical and theory-based sessions. There will be three key areas of leadership focused on during the camp; coaching, officiating and club development. Each area will be facilitated by tutors who specialise within their section of sports development.

After the Camp, our Young Leaders will go on to join their local vRugby team as Club Activators and lead vRugby projects at their local clubs.

The ECYLC has also set aims to achieve throughout the day. These are:

- To inspire young leaders to go into the county and organise projects under the vRugby project.
- To give young volunteers the opportunity to develop teamwork and leadership skills.
- To achieve the IRB Rugby Ready award and develop an appreciation of safety within Rugby Union.
- Refereeing (Young Referees Award).
- To gain an action plan for future volunteering and development within Rugby Union.
- To act as an introduction to both the vRugby programme and the National Young Leaders Camp.

### **vRugby**

**V** is a volunteer organisation; its mission is to make volunteering opportunities so diverse, compelling, and easy to get involved with that giving up your time to help others becomes a natural lifestyle choice for 16-25 year olds in England.

Since its launch in May 2006, **v** has worked with over 500 charities and community organisations to create over 925,000 youth volunteering opportunities. Of these, 467,000 are short term or taster opportunities, 421,000 are part time, and 20,000 are full time.

vRugby is a programme where volunteers aged 16-25 plan and run rugby related projects in clubs, schools, colleges, and universities across the country.

The strands to the programme include vRugby Fun (running a project to get more people playing rugby), vRugby Life (spreading the rugby ethos), vRugby Cash (raising funds for the club), and vRugby Force (improvements to the club).



For Further information about vRugby or the Eastern Counties Young Leaders Camp please feel free to contact me on the below contact information. Following the camp (27<sup>th</sup> October) photos will be available of the event.

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## Young leaders gather in Eastern Counties

15 October 2010

- vRugby camp at MOD training centre
- Young volunteers learning leadership through rugby

The Eastern Counties Rugby Union will be running a vRugby Young Leaders Camp (ECYLC) during half-term for 30 of the best 16 to 19 year old volunteers within Cambridgeshire, Norfolk and Suffolk.

Young volunteers from across the region will gather at the Army basic training camp Bassingbourn Barracks near Royston for two action-packed days on October 26-27.

The camp focuses on the development of leadership skills through sport, offering a good blend of practical and theory-based sessions. There will be three key areas of leadership focused on during the camp: coaching, officiating and club development. Each area will be facilitated by tutors who specialise within their section of sports development.

After the camp, which will be run by Alex Thompson (RFU Volunteer Executive for the Midlands) and Lee Adamson (RFU rugby development officer for Eastern Counties), the Young Leaders will go on to join their local vRugby team as Club Activators and lead vRugby projects at their local rugby clubs.

The ECYLC aims to inspire young leaders to go into the counties and organise projects under the vRugby banner.



Other aims include:

- To give young volunteers the opportunity to develop teamwork and leadership skills
- To achieve the IRB Rugby Ready award and develop an appreciation of safety within Rugby Union
- Refereeing in the Young Referees Award
- To gain an action plan for future volunteering and development within Rugby Union.
- To act as an introduction to both the vRugby programme and the National Young Leaders Camp

For more information contact event manager Andy McCallum, Eastern Counties RU Marketing and Communications on 07900 503008 or [andymccallum@btinternet.com](mailto:andymccallum@btinternet.com)